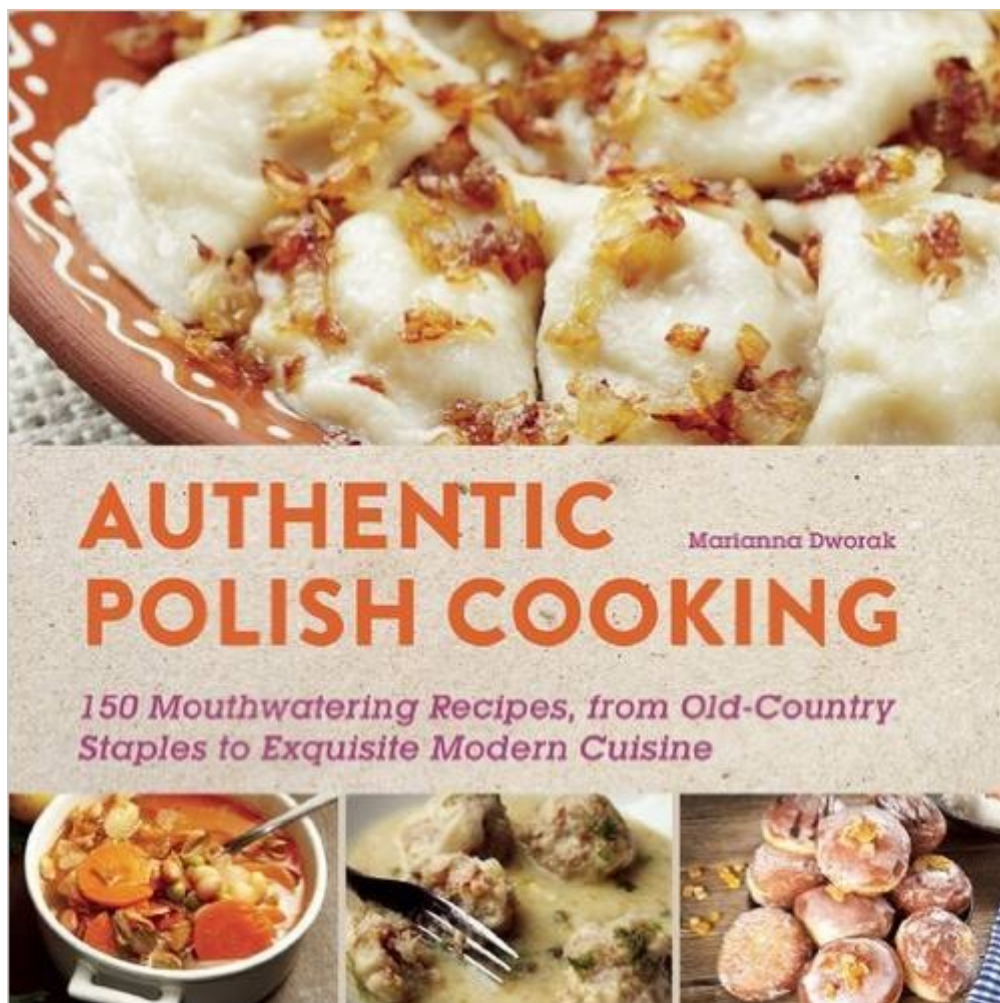


The book was found

Authentic Polish Cooking: 120 Mouthwatering Recipes, From Old-Country Staples To Exquisite Modern Cuisine



Synopsis

Polish cuisine is hearty and filling, and though some may think the Polish diet is all meat and potatoes, that is far from the truth. With its rich soups, innumerable salads and side dishes, tasty fish and vegetarian meals, colorful and delectable desserts, and yes, meat and potato fare, this cuisine consists of a wide variety of dishes incorporating a broad selection of cultural and regional influences that will have you licking your lips. Organized by course, this cookbook features more than one hundred recipes, including beet soup, cucumber salad, potato pancakes, Hunter's Stew, pork and rice stuffed cabbage leaves, traditional 'babka' cake, and of course, pierogies! Numerous recipes for veal, chicken, kielbasa sausage, pork, and beef dishes make this a great and thorough cookbook that is a fantastic addition to any kitchen. With easy-to-follow instructions for simple as well as more intricate dishes, a section on traditional holiday meals, estimated cooking times, and suggestions for healthy ingredient substitutions, this cookbook will teach anyone how to cook delicious Polish food. For those wishing to re-create their grandmother's favorite recipe, or those wanting to experience a new cuisine, Authentic Polish Cooking will bring a bit of Eastern Europe to your home. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

Book Information

Paperback: 176 pages

Publisher: Skyhorse Publishing (May 17, 2016)

Language: English

ISBN-10: 1510702199

ISBN-13: 978-1510702196

Product Dimensions: 7.5 x 0.6 x 7.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #613,997 in Books (See Top 100 in Books) #24 in Books > Cookbooks, Food & Wine > Regional & International > European > Polish #321 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Soups & Stews #361 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Meat & Game > Meats

[Download to continue reading...](#)

Authentic Polish Cooking: 120 Mouthwatering Recipes, from Old-Country Staples to Exquisite Modern Cuisine
Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes
My Homemade Polish Recipes (English and Polish Edition)
Dutch Oven Cooking: 30 Mouthwatering Dutch Oven, One Pot Recipes for Quick and Easy Campfire Meals (Dutch Oven & Camp Cooking)
Singing in Polish: A Guide to Polish Lyric Diction and Vocal Repertoire (Guides to Lyric Diction)
Pimsleur Polish Basic Course - Level 1 Lessons 1-10
CD: Learn to Speak and Understand Polish with Pimsleur Language Programs
Cajun Cuisine: Authentic Cajun Recipes from Louisiana's Bayou Country
25 Potato Salad Recipes - Irresistible Sweet Potato Recipes for Every Occasion: A Cookbook full of Mouthwatering Potato Recipes
Mr. Food Test Kitchen: The Ultimate Cooking For Two Cookbook: More Than 130 Mouthwatering Recipes
Yiddish Cuisine: Authentic and Delicious Jewish Recipes
Good Time Eatin' in Cajun Country: Cajun Vegetarian Cooking (Healthy World Cuisine)
250 Treasured Country Desserts: Mouthwatering, Time-honored, Tried & True, Soul-satisfying, Handed-down Sweet Comforts
The Ultimate Rice Cooker Cookbook: The Best Rice Cooker Recipes Cookbook You Will Find; Over 25 Mouthwatering Rice Cooker Recipes You Will Love!
I'll Take You There: Mavis Staples, the Staple Singers, and the March up Freedom's Highway
The Homemade Vegan Pantry: The Art of Making Your Own Staples
Sunday Roasts: A Year's Worth of Mouthwatering Roasts, from Old-Fashioned Pot Roasts to Glorious Turkeys, and Legs of Lamb
Old Sturbridge Village Cookbook: Authentic Early American Recipes For The Modern Kitchen
Greek Cuisine Cookbook: 50 Easy and Delicious Greek Recipes (Greek Recipes, Mediterranean Recipes, Greek Food, Quick & Easy)
Smoothies for Diabetics: 85+ Recipes of Blender Recipes: Diabetic & Sugar-Free Cooking, Heart Healthy Cooking, Detox Cleanse Diet, Smoothies for ... loss-detox smoothie recipes) (Volume 54)
Cooking with Sunshine: The Complete Guide to Solar Cuisine with 150 Easy Sun-Cooked Recipes

[Dmca](#)